



Dehydrated Treatments

Adequate hydration is one of the essential factors of the health and beauty of our skin. Global research shows skin quality is a growing concern for women. And good skin is usually defined as “glowing, dewy, hydrated and radiant”. Hyaluronic acid is good at skin hydration is because it is a naturally occurring substance in the human body that regulates cell renewal, lubricates connective tissue and maintains skin elasticity and moisture. It attracts and holds on up to 1000x its own weight in water, resulting in firmness and radiant skin.

However, as the ageing process kicks in, the quality of the body’s hyaluronic acid diminishes and the structure of your skin changes. Your skin will lose its ability to retain moisture and volume. Skin loses its shape and it begins to sag, forming fine lines, creases and hollows. Eventually, as hyaluronic acid depletion advances, deep wrinkles develop. By the age of 50, our skin’s hyaluronic acid content is halved.

Although creams and other rehydration products are available, they usually offer short-term results. For longer results, you can consider **Skinboosters**. There are different brands of skinboosters and they supplement your natural hyaluronic acid levels through micro-injections of a very soft hyaluronic acid filler into the skin.

Belotero® Hydro contains hyaluronic acid and glycerol to achieve deep rehydration of the skin by superficial micro-injections into the dermis. The nourished and repaired dermis will find its former radiance, tone and elasticity. With these benefits, you will regain the radiant complexion of your youth.

Juvéderm® VOLITE is another type of skin booster that delivers improvements on a range of skin quality including smoothness, hydration and even skin elasticity.

Created using patented VYCROSS® technology, which combines high and low molecular-weight hyaluronic acid, it aims to increase and maintain long-lasting effects.

Restylane Skinboosters improve the skin's quality by boosting hydration levels deep inside the skin and increase its smoothness, elasticity and firmness. It consists of multiple very fine injections into the chosen area of skin to gradually improve skin quality and give it a healthy glow.

Skinboosters, although more commonly done on the face, can also be done on the hands, neck, décolletage. While you may see results after one treatment, 3 treatment sessions, done on a monthly interval is usually recommended for optimum results.

Regardless of the brand of skinboosters, this procedure can only be performed by trained doctors who have extensive hands-on training and it carried out in a medical aesthetic clinic. There are also many imitation products that are readily available. Always do adequate research to ensure the products used are FDA-approved and you are getting the full dosage to ensure you get the best optimum results that you want.